



Minimum standards for Active Coaches of Children and Young People

Additional Guidance Tool

[Click Here to Start](#)

Introduction

This interactive tool builds on the **Minimum Standards for Active Coaches – Core Guidance** by providing guidance on the **appropriate qualification** for a **lead coach** and information on recommended **additional training** that a coach should consider when working with children and young people.

The tool has been developed in partnership with the governing bodies of sport and key Partners, Youth Sport Trust (YST) and the Association for Physical Education (afPE). Information is included across four environments:

- primary school
- secondary school
- club
- community/local authority (LA) (this refers to any coaching sessions organised outside the governing body of sport club setting/remit)

As outlined above, information is aimed at lead coaches (coaches who can **operate without supervision**). Within a school environment, sports coach UK, afPE and YST advocate that coaches working in the curriculum should support and **not displace** teachers.



Key Considerations when Using this Tool

The tool features information from England and UK-wide governing bodies of sport at present. Further work on the development of other home country governing body minimum standards will follow.

The information is accurate on the date of publication (June 2013) and has been collated in partnership with the governing bodies of sport included in the tool, YST and afPE. **The tool will be next updated in September 2013.**

This tool is a guidance document only and does not supersede direct advice from a governing body of sport. If you have any queries on the governing body recommended qualifications or **additional training**, please contact them directly. A link to each governing body of sport website is included in the tool. If you have any questions about the sports coach UK additional recommended training, please contact scukworkshops@sportscoachuk.org

sports coach UK and the NSPCC Child Protection in Sport Unit (CPSU) strongly recommend that all coaches undertake the sports coach UK 'Safeguarding and Protecting Children' workshop (or face-to-face equivalent training) and renew this training at three-yearly intervals.

sports coach UK acknowledges there are other providers of training and development opportunities relevant for coaches of children and young people. As such, we encourage coaches and deployers of coaches to explore all opportunities available to support coaches with their personal development requirements.



How to Use this Guidance Tool

Step 1

Select the sport you are coaching.

Step 2

Select the environment you will be coaching in:

- primary school
- secondary school
- sports club
- community/LA.

Step 3 – You will then see:

The **minimum qualification** required for a lead coach in this environment.

Any **important information** the governing body of sport recommends is considered when delivering in that environment alongside the qualification (eg all sessions to be delivered from a technical syllabus).

Any **additional training** recommended by the governing body of sport for coaches working in this environment.

For example, for British Cycling this is:

- Coaching Riders with a Disability
- Coaching Young Riders

Additional training recommended by sports coach UK and other industry Partners that coaches working in this environment should look to consider.

To navigate through the pages in each environment use the forward and backward arrows in the toolbar. Alternatively, use the scroll wheel on your mouse.

To return to the Sport Home page or full Main Menu, please use the following buttons:



Click On the Logo of the Sport You Coach



Multi-skills



Trampolining



Where Do You Coach Children?

Primary school

Sports club



Secondary school

Community/
local authority
(LA) scheme

Coaching Boxing in Primary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

The Amateur Boxing Association (ABA) states the **minimum qualification** to deliver in this environment is the Amateur Boxing Association of England (ABAE) Full Coach (Level 2 equivalent).

Important information:

- Coaches need to be ABAE [registered](#).
- All coaches must deliver one of ABAE's endorsed programmes.
- For groups, including children under 11 years of age, the recommended coach/participant ratio is 1:8.
- For groups comprising children over 10 years of age, the recommended coach/participant ratio is 1:10.
- There must be at least two adults present at any one time for groups of four or more.

For more information on ABAE coaching qualifications, click [here](#).

Additional recommended training

The ABA also recommends the following **additional training**.

Attendance at its recognised Safeguarding and Protecting Children workshop,

The following sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- How to Coach Disabled People in Sport

Association for Physical Education (afPE) courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)



Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).



Coaching Boxing in Secondary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

ABA states the **minimum qualification** to deliver in this environment is the ABAE Full Coach (Level 2 equivalent).

Important information:

- Coaches need to be ABAE [registered](#).
- All coaches must deliver one of ABAE's endorsed programmes.
- For groups, including children under 11 years of age, the recommended coach/participant ratio is 1:8.
- For groups comprising children over 10 years of age, the recommended coach/participant ratio is 1:10.
- There must be at least two adults present at any one time for groups of four or more.

For more information on ABAE coaching qualifications, click [here](#).

Additional recommended training

The ABA also recommends the following **additional training**.

Attendance at its recognised Safeguarding and Protecting Children workshop.

The following sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching

Other industry recommended **additional training** coaches should look to consider include:

- How to Coach Disabled People in Sport.

afPE courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)



Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).



Coaching Boxing at a Sports Club (Lead Coach)

Minimum qualification required:

ABA states the **minimum qualification** to deliver in this environment is the ABAE Full Coach (Level 2 equivalent).

Important information:

- For groups, including children under 11 years of age, the recommended coach/participant ratio is 1:8.
- For groups comprising children over 10 years of age, the recommended coach/participant ratio is 1:10.
- There must be at least two adults present at any one time for groups of four or more.

For more information on ABAE coaching qualifications, click [here](#).

Additional recommended training

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Coaching the Young Developing Performer (for Level 3 coaches)
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Positive Behaviour Management in Sport
- Safeguarding and Protecting Children.

Coaching Boxing as Part of a Community/LA Scheme

(Lead Coach)

Minimum qualification required:

ABA states the **minimum qualification** to deliver in this environment is the ABAE Full Coach (Level 2 equivalent).

Important information:

- For groups, including children under 11 years of age, the recommended coach/participant ratio is 1:8.
- For groups comprising children over 10 years of age, the recommended coach/participant ratio is 1:10.
- There must be at least two adults present at any one time for groups of four or more.

For more information on ABAE coaching qualifications visit, click [here](#).

Additional recommended training

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Positive Behaviour Management in Sport
- Safeguarding and Protecting Children.

Where Do You Coach Children?

Primary school

Sports club



ANGLING
TRUST

Secondary school

Community/
local authority
(LA) scheme

Coaching Angling in Primary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

Angling Trust states the **minimum qualification** to deliver in this environment is the UK Coaching Certificate (UKCC) Level 2 Certificate in Coaching Angling.

Important information:

- Must be a licensed Angling Trust coach.

For more information on Angling Trust coaching qualifications, click [here](#).

Additional recommended training

The Angling Trust encourages coaches to complete **additional training** offered by external partners in the industry. Recommended **additional training** coaches should look to consider includes:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching
- How to Coach Disabled People in Sport.
- Safeguarding and Protecting Children

Association for Physical Education (afPE) courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)



Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).



Coaching Angling in Secondary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

Angling Trust states the **minimum qualification** to deliver in this environment is the UKCC Level 2 Certificate in Coaching Angling.

Important information:

- Must be a licensed Angling Trust coach.

For more information on Angling Trust coaching qualifications, click [here](#).

Additional recommended training

The Angling Trust encourages coaches to complete **additional training** offered by external partners in the industry. Recommended **additional training** coaches should look to consider includes:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching
- How to Coach Disabled People in Sport.
- Safeguarding and Protecting Children

afPE courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)



Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).

Coaching Angling at a Sports Club

(Lead Coach)

Minimum qualification required:

Angling Trust states the **minimum qualification** to deliver in this environment is the UKCC Level 2 Certificate in Coaching Angling.

Important information:

- Must be a licensed Angling Trust coach.

For more information on Angling Trust coaching qualifications, click [here](#).

Additional recommended training

The Angling Trust encourages coaches to complete **additional training** offered by external partners in the industry. Recommended **additional training** coaches should look to consider includes:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Coaching the Young Developing Performer (for Level 3 coaches)
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Positive Behaviour Management in Sport.
- Safeguarding and Protecting Children

Coaching Angling as Part of a Community/LA Scheme

(Lead Coach)

Minimum qualification required:

Angling Trust states the **minimum qualification** to deliver in this environment is the UKCC Level 2 Certificate in Coaching Angling.

Important information:

- Must be a licensed Angling Trust coach.

For more information on Angling Trust coaching qualifications, click [here](#).

Additional recommended training

The Angling Trust encourages coaches to complete **additional training** offered by external partners in the industry. Recommended **additional training** coaches should look to consider includes:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Safeguarding and Protecting Children

Where Do You Coach Children?

Primary school

Sports club



Secondary school

Community/
local authority
(LA) scheme

Coaching Archery in Primary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

Archery GB states the **minimum qualification** to deliver in this environment is the Archery GB Instructor Award or Archery GB Level 1 Award in Coaching Archery.

Important information:

- Maximum coach to participant ratio of 1:12.
- Level 1 coaches are expected to use the session plans and resources that accompany the Level 1 training course.
- 'Get in Archery – Arrows' Primary Pack is available to support delivery click [here](#) for more information.

For more information on Archery GB coaching qualifications, click [here](#).

Additional recommended training

Archery GB encourages coaches to complete **additional training** offered by external partners in the industry. Recommended **additional training** coaches should look to consider includes:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Safeguarding and Protecting Children.

Association for Physical Education (afPE) courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)



Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).

Coaching Archery in a Secondary School

(supporting teachers with curriculum delivery)

Minimum qualification required:

Archery GB states the **minimum qualification** to deliver in this environment is the Archery GB Instructor Award or Archery GB Level 1 Award in Coaching Archery.

Important information:

- Maximum coach to participant ratio of 1:12.
- Level 1 coaches are expected to use the session plans and resources that accompany the Level 1 training course.

For more information on Archery GB coaching qualifications, click [here](#).

Additional recommended training

Archery GB encourages coaches to complete **additional training** offered by external partners in the industry. Recommended **additional training** coaches should look to consider includes:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Positive Behaviour Management in Sport
- Safeguarding and Protecting Children.

afPE courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)



Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).

Coaching Archery at a Sports Club

(Lead Coach)

Minimum qualification required:

Archery GB states the **minimum qualification** to deliver in this environment is the GNAS Leader Award, Archery GB Instructor Award or Archery GB Level I Award in Coaching Archery.

Important information:

- Maximum coach to participant ratio of 1:12.
- Level I coaches are expected to use the session plans and resources that accompany the Level I training course.

For more information on Archery GB coaching qualifications, click [here](#).

Additional recommended training

Archery GB encourages coaches to complete **additional training** offered by external partners in the industry. Recommended **additional training** coaches should look to consider includes:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Coaching the Young Developing Performer (for Level 3 coaches)
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Positive Behaviour Management in Sport
- Safeguarding and Protecting Children.

Coaching Archery as Part of a Community/LA Scheme

(Lead Coach)

Minimum qualification required:

Archery GB states the **minimum qualification** to deliver in this environment is the GNAS Leader Award, Archery GB Instructor Award or Archery GB Level I Award in Coaching Archery.

Important information:

- Maximum coach to participant ratio of 1:12.
- Level I coaches are expected to use the session plans and resources that accompany the Level I training course.

For more information on Archery GB coaching qualifications, click [here](#).

Additional recommended training

Archery GB encourages coaches to complete **additional training** offered by external partners in the industry. Recommended **additional training** coaches should look to consider includes:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Safeguarding and Protecting Children.



Information for Badminton England is currently unavailable as part of this guidance tool.

Up-to-date information on coaching qualifications and training can be found at [///insert link to Coaching pages of their website///](#)

Where Do You Coach Children?

Primary school

Sports club



Secondary school

Community/
local authority
(LA) scheme

Coaching Baseball and Softball in Primary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

BaseballSoftballUK (BSUK) states the **minimum qualification** to deliver in this environment is the BSUK Level 2 Coach Award.

Important information:

- Coach has to be a licensed BSUK Level 2 coach.

For more information on BSUK coaching qualifications, click [here](#).

Additional recommended training

BSUK encourages coaches to complete **additional training** offered by external partners in the industry. Recommended **additional training** coaches should look to consider includes:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Safeguarding and Protecting Children.

Association for Physical Education (afPE) courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)



Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).



Coaching Baseball and Softball in Secondary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

BSUK states the **minimum qualification** to deliver in this environment is the BSUK Level 2 Coach Award.

Important information:

- Coach has to be a licensed BSUK Level 2 coach.

For more information on BSUK coaching qualifications, click [here](#).

Additional recommended training

BSUK encourages coaches to complete **additional training** offered by external partners in the industry. Recommended **additional training** coaches should look to consider includes:

sports coach UK workshops:

- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Positive Behaviour Management in Sport
- Safeguarding and Protecting Children.

afPE courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)



Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).



Coaching Baseball and Softball at a Sports Club

(Lead Coach)

Minimum qualification required:

BSUK states the **minimum qualification** to deliver in this environment is the BSUK Level 2 Coach Award.

Important information:

- Coach has to be a licensed BSUK Level 2 coach.
- For competition purposes, each team requires a coach qualified at Level 2.
- The coaching ratio is 1:15 and coaches are advised not to work alone.

For more information on BSUK coaching qualifications, click [here](#).

Additional recommended training

BSUK encourages coaches to complete **additional training** offered by external partners in the industry. Recommended **additional training** coaches should look to consider includes:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Coaching the Young Developing Performer (for Level 3 coaches)
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Positive Behaviour Management in Sport
- Safeguarding and Protecting Children.

Coaching Baseball and Softball as Part of a Community/LA Scheme (Lead Coach)

Minimum qualification required:

BSUK states the **minimum qualification** to deliver in this environment is the BSUK Level 2 Coach Award.

Important information:

- Coach has to be a licensed BSUK Level 2 coach.
- Coach would need independent insurance if the activity sits outside the club's remit.

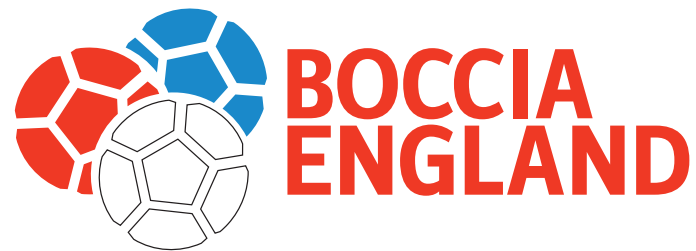
For more information on BSUK coaching qualifications, click [here](#).

Additional recommended training

BSUK encourages coaches to complete **additional training** offered by external partners in the industry. Recommended **additional training** coaches should look to consider includes:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Safeguarding and Protecting Children.



Information for Boccia England is currently unavailable as part of this guidance tool.

Up-to-date information on coaching qualifications and training can be found at [///insert link to Coaching pages of their website///](#)

Bowls

Information for Bowls is currently unavailable as part of this guidance tool.

Up-to-date information on coaching qualifications and training can be found at [///insert link to Coaching pages of their website///](#)

Where Do You Coach Children?

Primary school

Sports club



Secondary school

Community/
local authority
(LA) scheme

Coaching Canoeing in Primary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

The British Canoe Union (BCU) states the **minimum qualification** to deliver in this environment is the UK Coaching Certificate (UKCC) Level 2 or governing body of sport Level 2.

Important information:

- The recommended coach/participant ratio for a craft kayak is 1:6 and for a canoe 1:8.
- BCU have an optional Coaching Young People Module to support coaches who work regularly with young people.

For more information on BCU coaching qualifications, click [here](#).

Additional recommended training

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Safeguarding and Protecting Children.

Association for Physical Education (afPE) courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)



Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).

Coaching Canoeing in Secondary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

BCU states the **minimum qualification** to deliver in this environment is the UKCC or governing body of sport Level 2.

Important information:

- The recommended coach/participant ratio for a craft kayak is 1:6 and for a canoe 1:8.
- BCU have an optional Coaching Young People Module to support coaches who work regularly with young people.

For more information on BCU coaching qualifications, click [here](#).

Additional recommended training

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Positive Behaviour Management in Sport
- Safeguarding and Protecting Children.

afPE courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)

Minimum Standards for Active Coaches of Children and Young People



Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).



Coaching Canoeing at a Sports Club

(Lead Coach)

Minimum qualification required:

BCU states the **minimum qualification** to deliver in this environment if coaching 5–12 year olds is the UKCC Level 2 or governing body of sport Level 2 (for sheltered water environments). If coaching 12–16 year olds the UKCC Level 2 or governing body of sport Level 2 (for sheltered or moderate water environments).

Important information:

- The recommended coach/participant ratio for a craft kayak is 1:6 and for a canoe 1:8.
- BCU have an optional Coaching Young People Module to support coaches who work regularly with young people.

For more information on BCU coaching qualifications visit www.bcu.org.uk, click [here](#).

Additional recommended training

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Coaching the Young Developing Performer (for Level 3 coaches)
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Positive Behaviour Management in Sport
- Safeguarding and Protecting Children.

Coaching Canoeing as Part of a Community/LA Scheme

(Lead Coach)

Minimum qualification required:

BCU states the **minimum qualification** to deliver in this environment if coaching 5–12 year olds is the UKCC Level 2 or governing body of sport Level 2 (for sheltered water environments). If coaching 12–16 year olds the UKCC Level 2 or governing body of sport Level 2 (for sheltered or moderate water environments).

Important information:

- The recommended coach/participant ratio for a craft kayak is 1:6 and for a canoe 1:8.
- BCU have an optional Coaching Young People Module to support coaches who work regularly with young people.

For more information on BCU coaching qualifications, click [here](#).

Additional recommended training

Other industry recommended **additional training** coaches should look to consider include:

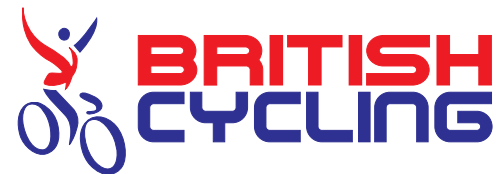
sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Safeguarding and Protecting Children.

Where Do You Coach Children?

Primary school

Sports club



Secondary school

Community/
local authority
(LA) scheme

Coaching Cycling in Primary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

British Cycling states the **minimum qualification** to deliver in this environment is the Cycling for Schools Course.

Important information:

- Adults must be over 18 and coaches must deliver on school property and under school insurance. All sessions to be delivered from a technical syllabus.

For more information on British Cycling coaching qualifications, click [here](#).

Additional recommended training

British Cycling recommends its own following **additional training**:

- Coaching Young Riders
- Coaching Riders with a Disability.

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching
- Safeguarding and Protecting Children.

Association for Physical Education (afPE) courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
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- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

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Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).

Coaching Cycling in Secondary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

British Cycling states the **minimum qualification** to deliver in this environment is the Cycling for Schools Course.

Important information:

- Adults must be over 18 and coaches must deliver on school property and under school insurance. All sessions to be delivered from a technical syllabus.

For more information on British Cycling coaching qualifications, click [here](#).

Additional recommended training

British Cycling recommends its own following **additional training**:

- Coaching Young Riders
- Coaching Riders with a Disability
- Coaching Developing Performers.

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching
- Safeguarding and Protecting Children.

afPE courses:

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Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).



Coaching Cycling at a Sports Club

(Lead Coach)

Minimum qualification required:

British Cycling states the **minimum qualification** to deliver in this environment if coaching 5–12 year olds is the UK Coaching Certificate (UKCC) Level 2 or UKCC Level 1 if the session is approved by a Level 2 coach, and if coaching 12–16 year olds the UKCC Level 2.

Important information:

- There are minimum rider ratios of 1:3 and ratios must not exceed 1:15 or 1:20 dependant on terrain.
- Coaches must not coach discipline-specific cycling. If coaching 12–16 year olds, a discipline-specific award is recommended and Coaching Young Developing Performers

For more information on British Cycling coaching qualifications, click [here](#).

Additional recommended training

British Cycling recommends its own following **additional training**:

- Coaching Young Riders
- Coaching Riders with a Disability.

A Level 2 or 3 discipline-specific award and planning training for young people is recommended if working with talent development athletes.

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Coaching the Young Developing Performer (for Level 3 coaches)
- Equity in Your Coaching
- Positive Behaviour Management in Sport
- Safeguarding and Protecting Children.

Coaching Cycling as Part of a Community/LA Scheme

(Lead Coach)

Minimum qualification required:

British Cycling states the **minimum qualification** to deliver in this environment if coaching 5–12 year olds is the UKCC Level 2 or UKCC Level 1 if the session is approved by a Level 2 coach, and if coaching 12–16 year olds the UKCC Level 2.

Important information:

- There are minimum rider ratios of 1:3 and ratios must not exceed 1:15 or 1:20 dependant on terrain.
- Coaches must not coach discipline-specific cycling. If coaching 12–16 year olds, a discipline-specific award is recommended and Coaching Young Developing Performers.

For more information on British Cycling coaching qualifications, click [here](#).

Additional recommended training

British Cycling recommends its own following **additional training**:

- Coaching Young Riders
- Coaching Riders with a Disability.

A Level 2 or 3 discipline-specific award and planning training for young people is recommended if working with talent development athletes.

Additional recommended training

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Coaching the Young Developing Performer (for Level 3 coaches)
- Equity in Your Coaching
- Positive Behaviour Management in Sport
- Safeguarding and Protecting Children.

Where Do You Coach Children?

Primary school

Sports club



Secondary school

Community/
local authority
(LA) scheme

Coaching Equestrian in Primary Schools

(supporting teachers with curriculum delivery)

Not applicable.

Coaching Equestrian in Secondary Schools

(supporting teachers with curriculum delivery)

Not applicable.

Coaching Equestrian at a Sports Club

(Lead Coach)

Minimum qualification required:

The British Equestrian Federation states the **minimum qualification** to deliver in this environment is the Preliminary Teaching Test (PTT) or UK Coaching Certificate (UKCC) Level 3.

Important information:

- The maximum coach/rider ratio is 1:8. The ideal ratio is 1:6.

For more information on British Equestrian Federation coaching qualifications, click [here](#).

Additional recommended training

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Coaching the Young Developing Performer (for Level 3 coaches).
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Positive Behaviour Management in Sport
- Safeguarding and Protecting Children.

Coaching Equestrian as Part of a Community/LA Scheme

(Lead Coach)

Minimum qualification required:

The British Equestrian Federation states the **minimum qualification** to deliver in this environment is the Preliminary Teaching Test (PTT) or UKCC Level 3.

Important information:

- The maximum coach/rider ratio is 1:8. The ideal ratio is 1:6.

For more information on British Equestrian Federation coaching qualifications, click [here](#).

Additional recommended training

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Safeguarding and Protecting Children.

Where Do You Coach Children?

Primary school

Sports club



Secondary school

Community/
local authority
(LA) scheme

Coaching Gymnastics in Primary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

British Gymnastics states the **minimum qualification** to deliver in this environment is the UK Coaching Certificate (UKCC) or governing body of sport Level 2 Certificate in Coaching Gymnastics or for trampoline gymnastics the UKCC or governing body of sport Certificate in Coaching Gymnastics (trampoline discipline).

Important information:

- Trampolining is not part of the national curriculum for primary schools and is rarely offered due to equipment and facility requirements. Where it is offered, a primary school teacher must hold the UKCC/governing body of sport Certificate in Coaching Gymnastics (trampoline discipline).
- For guidance relating to gymnast to coach/teacher ratios, click [here](#).

For more information on British Gymnastics coaching qualifications, click [here](#).

Additional recommended training

British Gymnastics also recommends the following **additional training**:

sports coach UK Safeguarding and Protecting Children course.

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching
- How to Coach Disabled People in Sport

Association for Physical Education (afPE) courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)



Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).



Coaching Gymnastics in Secondary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

British Gymnastics states the **minimum qualification** to deliver in this environment is the UKCC or governing body of sport Level 2 Certificate in Coaching Gymnastics, or for trampoline gymnastics the UKCC or governing body of sport Certificate in Coaching Gymnastics (trampoline discipline).

Important information:

- For guidance relating to gymnast to coach/teacher ratios, click [here](#).

For more information on British Gymnastics coaching qualifications, click [here](#).

Additional recommended training

British Gymnastics also recommends the following **additional training**:

sports coach UK Safeguarding and Protecting Children course.

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Positive Behaviour Management in Sport
- Safeguarding and Protecting Children.

afPE courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)



Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).



Coaching Gymnastics at a Sports Club

(Lead Coach)

Minimum qualification required:

British Gymnastics states the **minimum qualification** to deliver in this environment is the UKCC Level 2 Certificate in Coaching Gymnastics or governing body of sport Level 2 in the discipline being delivered (eg trampoline).

Important information:

- If a coach qualified at Level 2 plans to run their own club, they must also complete Club Management Training within one year of the club opening.
- For guidance relating to gymnast to coach ratios, click [here](#).

For more information on British Gymnastics coaching qualifications, click [here](#).

Additional recommended training

British Gymnastics also recommends the following **additional training**:

sports coach UK Safeguarding and Protecting Children course.

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- Coaching the Whole Child: Positive Development Through Sport
- Coaching the Young Developing Performer (for Level 3 coaches)
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Positive Behaviour Management in Sport
- Safeguarding and Protecting Children.

Coaching Gymnastics as Part of a Community/LA Scheme

(Lead Coach)

Minimum qualification required:

British Gymnastics states the **minimum qualification** to deliver in this environment is the UKCC Level 2 Certificate in Coaching Gymnastics or governing body of sport Level 2 in the discipline being delivered (eg trampoline or freestyle).

Important information:

- If a coach qualified at Level 2 plans to run their own club, they must also complete Club Management Training within one year of the club opening.
- For guidance relating to gymnast to coach ratios, click [here](#).

For more information on British Gymnastics coaching qualifications, click [here](#).

Additional recommended training

British Gymnastics also recommends the following **additional training**:

sports coach UK Safeguarding and Protecting Children course.

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Safeguarding and Protecting Children.

Where Do You Coach Children?

Primary school

Sports club



Secondary school

Community/
local authority
(LA) scheme

Coaching Orienteering in Primary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

British Orienteering states the **minimum qualification** to deliver in this environment is Teaching Orienteering Part I or 1st4sport Level I Award in Coaching Orienteering.

Important information:

- The restrictions placed on Level I coaches are that they can only coach unsupervised in private 'safe' areas such as at school or in outdoor centre grounds, local areas and small woods, defined as area types A and B. They must also use supplied resources (coaching cards) to determine the activities.

For more information on British Orienteering coaching qualifications, click [here](#).

Additional recommended training

British Orienteering also encourages coaches to complete **additional training** offered by external partners in the industry, in line with its personal development plan and coach licence continuous professional development (CPD) requirements. Recommended **additional training** coaches should look to consider includes:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Safeguarding and Protecting Children.

Association for Physical Education (afPE) courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)



Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).

Coaching Orienteering in Secondary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

British Orienteering states the **minimum qualification** to deliver in this environment is Teaching Orienteering Part I or 1st4sport Level I Award in Coaching Orienteering.

Important information:

- The restrictions placed on Level I coaches are that they can only coach unsupervised in private 'safe' areas such as at school or in outdoor centre grounds, local areas and small woods, defined as area types A and B. They must also use supplied resources (coaching cards) to determine the activities.

For more information on British Orienteering coaching qualifications, click [here](#).

Additional recommended training

British Orienteering also encourages coaches to complete **additional training** offered by external partners in the industry, in line with its personal development plan and coach licence CPD requirements. Recommended **additional training** coaches should look to consider includes:

sports coach UK workshops:

- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Positive Behaviour Management in Sport
- Safeguarding and Protecting Children.

afPE courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)



Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).

Coaching Orienteering at a Sports Club

(Lead Coach)

Minimum qualification required:

British Orienteering states the minimum qualification to deliver in this environment is 1st4sport Level 2 Certificate In Coaching Orienteering, or 1st4sport Level 1 Award in Coaching Orienteering if under the supervision of a Level 2 qualified coach.

Important information:

- Types of area suitable for use by coaches with different levels of qualification must be defined.
- The recommended coach:participant ratio is 1:10, with a second coach (adult) to deal with injuries etc if required.

For more information on British Orienteering coaching qualifications, click [here](#).

Additional recommended training

British Orienteering also encourages coaches to complete **additional training** offered by external partners in the industry, in line with its personal development plan and coach licence CPD requirements. Recommended **additional training** coaches should look to consider includes:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Coaching the Young Developing Performer (for Level 3 coaches)
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Positive Behaviour Management in Sport
- Safeguarding and Protecting Children.

Coaching Orienteering as Part of a Community/LA Scheme (Lead Coach)

Minimum qualification required:

British Orienteering states the **minimum qualification** to deliver in this environment is Coach Level 2, or Level 1 if under the supervision of a Level 2 qualified coach.

Important information:

- Types of area suitable for use by coaches with different levels of qualification must be defined.
- The recommended coach:participant ratio is 1:10, with a second coach (adult) to deal with injuries etc if required.

For more information on British Orienteering coaching qualifications, click [here](#).

Additional recommended training

British Orienteering also encourages coaches to complete **additional training** offered by external partners in the industry, in line with its personal development plan and coach licence CPD requirements. Recommended **additional training** coaches should look to consider includes:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Safeguarding and Protecting Children.

Where Do You Coach Children?

Primary school

Sports club



BRITISH ROWING

Secondary school

Community/
local authority
(LA) scheme

Coaching Rowing in Primary Schools

(supporting teachers with curriculum delivery)

Not applicable.

Coaching Rowing in Secondary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

British Rowing states the **minimum qualification** to deliver in this environment is the UK Coaching Certificate (UKCC) Level 2 for Water Activity and Indoor Activity, or UKCC Level 1 Indoor Rowing (if supported by a qualified teacher) or UKCC Level 2 for Indoor Rowing (if delivering unsupported).

Important information:

- Coaches should adhere to British Rowing's '[How Much and How Often?](#)' guidance.

For more information on British Rowing coaching qualifications, click [here](#).

Additional recommended training

British Rowing recommends its own following **additional training** and resources (indoor activities in curriculum time):

- Learn to Row
- Row to Health and Row to Success (online)
- RowActiv app
- British Rowing Disability Training (where appropriate).

British Rowing also recommends:

- sports coach UK Positive Behaviour Management in Sport workshop.

Additional recommended training

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Safeguarding and Protecting Children.

Association for Physical Education (afPE) courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)

Minimum Standards for Active Coaches of Children and Young People



Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).



Coaching Rowing at a Sports Club

(Lead Coach)

Minimum qualification required:

British Rowing recommends the UKCC Level 2 (or working towards) as the qualification to deliver in this environment. British Rowing does not have a mandatory **minimum qualification** at this time.

Important information:

- Appropriate risk assessment for the activity to be undertaken.
- British Rowing believes that coaches involved in advanced training/competition would benefit from additional qualifications and training in strength and conditioning.

For more information on British Rowing coaching qualifications, click [here](#).

Additional recommended training

British Rowing recommends its own following **additional training**:

- Junior Coordinator Training
- Applying British Rowing Technique
- Safe and Strong Trunks Workshop
- British Rowing Disability Training (where appropriate).

British Rowing also recommends:

- Emergency Aid Training (every three years)
- sports coach UK Safeguarding and Protecting Children.
- sports coach UK Positive Behaviour Management in Sport workshop.

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Coaching the Young Developing Performer (for Level 3 coaches)
- Equity in Your Coaching
- How to Coach Disabled People in Sport

Coaching Rowing as Part of a Community/LA Scheme

(Lead Coach)

Minimum qualification required:

British Rowing recommends the UKCC Level 2 for Water Activity and Indoor Activity (or working towards) as the qualification to deliver in this environment. British Rowing does not have a mandatory **minimum qualification** at this time.

For more information on British Rowing coaching qualifications, click [here](#).

Additional recommended training

British Rowing recommends its own following **additional training** (indoor activities):

- Row to Health and Row to Success (online)
- RowActiv app
- Applying British Rowing Technique
- Safe and Strong Trunks Workshop
- British Rowing Disability Training (where appropriate)

British Rowing also recommends:

- Emergency Aid Training (every three years)
- sports coach UK Safeguarding and Protecting Children.
- sports coach UK Positive Behaviour Management in Sport workshop.

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching
- How to Coach Disabled People in Sport.

Where Do You Coach Children?

Primary school

Sports club



Secondary school

Community/
local authority
(LA) scheme

Coaching Triathlon in Primary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

British Triathlon states the **minimum qualification** to deliver in this environment is the UK Coaching Certificate (UKCC) Level 2 in Coaching Triathlon.

Important information:

- British Triathlon recommends Youth Sport Trust (YST) 'Coaching in Schools' module.

For more information on British Triathlon coaching qualifications, click [here](#).

Additional recommended training

British Triathlon also encourages coaches to complete **additional training** offered by external partners in the industry. Recommended **additional training** coaches should look to consider includes:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Safeguarding and Protecting Children.

Association for Physical Education (afPE) courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)

Minimum Standards for Active Coaches of Children and Young People



Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).



Coaching Triathlon in Secondary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

British Triathlon states the **minimum qualification** to deliver in this environment is the UKCC Level 2 in Coaching Triathlon.

Important information:

- British Triathlon recommends YST 'Coaching in Schools' module.

For more information on British Triathlon coaching qualifications, click [here](#).

Additional recommended training

British Triathlon also encourages coaches to complete **additional training** offered by external partners in the industry. Recommended **additional training** coaches should look to consider includes:

sports coach UK workshops:

- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Positive Behaviour Management in Sport
- Safeguarding and Protecting Children.

afPE courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)

Minimum Standards for Active Coaches of Children and Young People



Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).



Coaching Triathlon at a Sports Club

(Lead Coach)

Minimum qualification required:

British Triathlon states the **minimum qualification** to deliver in this environment is the UKCC Level 2 in Coaching Triathlon.

Important information:

- British Triathlon recommends attendance at sports coach UK's 'Coaching the Whole Child: Positive Development Through Sport' workshop.

For more information on British Triathlon coaching qualifications, click [here](#).

The recommended coach:participant ratios for triathlon are as follows:

Sessions Delivered	Level 1	Level 2	Level 3
Swimming	1:10	1:20	1:20
Cycling (free of traffic)	1:15	1:15	1:15
Cycling (on roads)	1:7 (as an assistant only)	1:7	1:7
Running	1:15	1:20	1:20

Additional recommended training

British Triathlon also encourages coaches to complete **additional training** offered by external partners in the industry. Recommended **additional training** coaches should look to consider includes:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Young Developing Performer (for Level 3 coaches)
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Positive Behaviour Management in Sport
- Safeguarding and Protecting Children.

Coaching Triathlon as Part of a Community/LA Scheme

(Lead Coach)

Minimum qualification required:

British Triathlon states the **minimum qualification** to deliver in this environment is the UKCC Level 2 in Coaching Triathlon.

Important information:

- British Triathlon recommends attendance at sports coach UK's 'Coaching the Whole Child: Positive Development Through Sport' workshop.

For more information on British Triathlon coaching qualifications, click [here](#).

The recommended coach:participant ratios for triathlon are as follows:

Sessions Delivered	Level 1	Level 2	Level 3
Swimming	1:10	1:20	1:20
Cycling (free of traffic)	1:15	1:15	1:15
Cycling (on roads)	1:7 (as an assistant only)	1:7	1:7
Running	1:15	1:20	1:20

Additional recommended training

British Triathlon also encourages coaches to complete **additional training** offered by external partners in the industry. Recommended **additional training** coaches should look to consider includes:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Safeguarding and Protecting

Where Do You Coach Children?

Primary school

Sports club



Secondary school

Community/
local authority
(LA) scheme

Coaching Waterskiing and Wakeboarding in Primary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

For Boat Wakeboard/Waterski:

BWSW Instructor/Wakeboard Instructor/ Club Coach/UKCC Level 2 in Waterskiing and Wakeboarding

For Cable Wakeboard/Waterski:

BWSW Main Cable Operator License or BWSW System 2.0 Cable Operator License

Important information:

- Paid coaches/instructors must have their own insurance.
- Boat driver should hold Ski Boat Driver Level 2.

For more information on BWSW coaching qualifications, click [here](#).

Additional recommended training

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching
- How to Coach Disabled People in Sport.

Association for Physical Education (afPE) courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)



Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).

Coaching Waterskiing and Wakeboarding in Secondary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

For Boat Wakeboard/Waterski:

BWSW Instructor/Wakeboard Instructor/ Club Coach/UKCC Level 2 in Waterskiing and Wakeboarding

For Cable Wakeboard/Waterski:

BWSW Main Cable Operator License or BWSW System 2.0 Cable Operator License

Important information:

- Paid coaches/instructors must have their own insurance.
- Boat driver should hold Ski Boat Driver Level 2.

For more information on BWSW coaching qualifications, click [here](#).

Additional recommended training

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Positive Behaviour Management in Sport.

afPE courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)



Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).

Coaching Waterskiing and Wakeboarding at a Sports Club

(Lead Coach)

Minimum qualification required:

For Boat Wakeboard/Waterski:

BWSW Instructor/Wakeboard Instructor/ Club Coach/UKCC Level 2 in Waterskiing and Wakeboarding

For Cable Wakeboard/Waterski:

BWSW Main Cable Operator License or BWSW System 2.0 Cable Operator License

Important information:

- Paid coaches/instructors must have their own insurance.
- Boat driver should hold Ski Boat Driver Level 2.

For more information on BWSW coaching qualifications, click [here](#).

Additional recommended training

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Coaching the Young Developing Performer (for Level 3 coaches)
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Positive Behaviour Management in Sport.

Coaching Waterskiing and Wakeboarding as Part of a Community/LA Scheme

(Lead Coach)

Minimum qualification required:

BWSW states the minimum qualification to deliver in this environment is the BWSW Instructor/Wakeboard Instructor/Club Coach/UKCC Level 2 in Waterskiing and Wakeboarding (for boat wakeboard/waterskiing), or BWSW Main Cable Operator Licence/BWSW System 2.0 Cable Operator Licence (for cable wakeboard/waterskiing).

Important information:

- Paid coaches/instructors must have their own insurance.
- Boat driver should hold Ski Boat Driver Level 2.

For more information on BWSW coaching qualifications, click [here](#).

Additional recommended training

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching
- How to Coach Disabled People in Sport.



Information for England Athletics is currently unavailable as part of this guidance tool.

Up-to-date information on coaching qualifications and training can be found at [///insert link to Coaching pages of their website///](#)

Where Do You Coach Children?

Primary school

Sports club



Secondary school

Community/
local authority
(LA) scheme

Coaching Basketball in Primary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

England Basketball states the **minimum qualification** to deliver in this environment is the UK Coaching Certificate (UKCC) Level 2 Certificate in Coaching Basketball or governing body of sport Level 2.

Important information:

- There should be a 1:16 coach/player ratio and the teacher must be present.
- England Basketball recommends attendance at Youth Sport Trust (YST) 'Coaching in Schools' module.

For more information on England Basketball coaching qualifications, click [here](#).

Additional recommended training

England Basketball encourages coaches to complete **additional training** offered by external partners in the industry. Recommended **additional training** coaches should look to consider includes:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Safeguarding and Protecting Children.

Association for Physical Education (afPE) courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)



Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).

Coaching Basketball in Secondary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

England Basketball states the **minimum qualification** to deliver in this environment is the UKCC Level 2 Certificate in Coaching Basketball or governing body of sport Level 2.

Important information:

- There should be a 1:16 coach/player ratio and the teacher must be present.
- England Basketball recommends attendance at Youth Sport Trust (YST) 'Coaching in Schools' module.

For more information on England Basketball coaching qualifications, click [here](#).



Additional recommended training

England Basketball encourages coaches to complete **additional training** offered by external partners in the industry. Recommended **additional training** coaches should look to consider includes:

sports coach UK workshops:

- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Positive Behaviour Management in Sport
- Safeguarding and Protecting Children.

afPE courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)



Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).



Coaching Basketball at a Sports Club

(Lead Coach)

Minimum qualification required:

England Basketball states the **minimum qualification** to deliver in this environment is the UK Coaching Certificate (UKCC) Level 2 Certificate in Coaching Basketball or governing body of sport Level 2.

Important information:

- There should be a 1:16 coach/player ratio.
- England Basketball recommends attendance at sports coach UK's 'Coaching the Whole Child: Positive Development Through Sport' workshop.

For more information on England Basketball coaching qualifications, click [here](#).

Additional recommended training

England Basketball encourages coaches to complete **additional training** offered by external partners in the industry. Recommended **additional training** coaches should look to consider includes:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Young Developing Performer (for Level 3 coaches)
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Positive Behaviour Management in Sport
- Safeguarding and Protecting Children.

Coaching Basketball as Part of a Community/LA Scheme

(Lead Coach)

Minimum qualification required:

England Basketball states the **minimum qualification** to deliver in this environment is the UK Coaching Certificate (UKCC) Level 2 Certificate in Coaching Basketball or governing body of sport Level 2.

Important information:

- There should be a 1:10 coach/player ratio.
- England Basketball recommends attendance at sports coach UK's 'Coaching the Whole Child: Positive Development Through Sport' workshop.

For more information on England Basketball coaching qualifications, click [here](#).

Additional recommended training

England Basketball encourages coaches to complete **additional training** offered by external partners in the industry. Recommended **additional training** coaches should look to consider includes:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Safeguarding and Protecting Children.

Where Do You Coach Children?

Primary school

Sports club



Secondary school

Community/
local authority
(LA) scheme

Coaching Cricket in Primary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

The England and Wales Cricket Board (ECB) states the **minimum qualification** to deliver in this environment is the ECB Level 2 or ECB Coach Award (UK Coaching Certificate [UKCC] Level 2).

Important information:

- ECB recommends their 'Working in Schools' continuous professional development (CPD) module alongside the qualifications stated above.

For more information on ECB coaching qualifications, click [here](#).

Additional recommended training

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Safeguarding and Protecting Children.

Association for Physical Education (afPE) courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)



Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).

Coaching Cricket in Secondary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

The ECB states the **minimum qualification** to deliver in this environment is the ECB Level 2 or ECB Coach Award (UKCC Level 2).

Important information:

- ECB recommends their 'Working in Schools' continuous professional development (CPD) module alongside the qualifications stated above.

For more information on ECB coaching qualifications, click [here](#).

Additional recommended training

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Positive Behaviour Management in Sport
- Safeguarding and Protecting Children.

afPE courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)



Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).

Coaching Cricket at a Sports Club (Lead Coach)

Minimum qualification required:

The ECB states the **minimum qualification** to deliver in this environment is the ECB Level 2 or ECB Coach Award (UKCC Level 2).

Important information:

Coach ratios

Net coaching: 1 Coach to 8 Children

Group Coaching: 1 coach to 24 Children

Hard Ball Coaching: 1 coach to 16 children

There must always be a minimum of 2 adults present

Supervision ratios

Aged 8 and under – 1 adult to 8 children

Aged 9 and over – 1 adult to 10 children

ECB Level 3 or ECB Performance Coach (UKCC Level 3) is recommended if working with Talent Development Athletes

Additional recommended training

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Coaching the Young Developing Performer (for Level 3 coaches)
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Positive Behaviour Management in Sport
- Safeguarding and Protecting Children.

Coaching Cricket as Part of a Community/LA Scheme (Lead Coach)

The ECB states the minimum qualification to deliver in this environment is the ECB Level 2 or ECB Coach Award (UKCC Level 2).

Important information:

Coach ratios

Net coaching: 1 Coach to 8 Children

Group Coaching: 1 coach to 24 Children

Hard Ball Coaching: 1 coach to 16 children

There must always be a minimum of 2 adults present

Supervision ratios

Aged 8 and under – 1 adult to 8 children

Aged 9 and over – 1 adult to 10 children

ECB Level 3 or ECB Performance Coach (UKCC Level 3) is recommended if working with Talent Development Athletes

For more information on ECB coaching qualifications, click [here](#).

Additional recommended training

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Safeguarding and Protecting Children.Hockey

Where Do You Coach Children?

Primary school

Sports club

The logo for the European Handball Federation (EHF) consists of a red rectangular background. At the top, there are three golden lions passant guardant, a heraldic symbol. Below the lions, the letters 'EHF' are written in a white, bold, sans-serif font.

EHF

Secondary school

Community/
local authority
(LA) scheme

Coaching Hockey in Primary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

The England Hockey Board states the **minimum qualification** to deliver in this environment is the UK Coaching Certificate (UKCC) Level 2 in Coaching Hockey. If schools are delivering Quicksticks during or after school, a Quicksticks leader is advised to work towards the 'Proud to Coach Children' Award.

For more information on England Hockey Board coaching qualifications, click [here](#).

Additional recommended training

The England Hockey Board recommends its own following **additional training**:

- Core Skills/Foundation Skills workshop
- Zone Hockey (if appropriate)
- Foundation Umpire Award.

The England Hockey Board also recommend the following sports coach UK workshops:

- A Guide to Mentoring Sports Coaches
- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching

Other industry recommended **additional training** coaches should look to consider include:
sports coach UK workshops:

- How to Coach Disabled People in Sport
- Safeguarding and Protecting Children.

Association for Physical Education (afPE) courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)



Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).

Coaching Hockey in Secondary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

The England Hockey Board states the **minimum qualification** to deliver in this environment is the UKCC Level 2 in Coaching Hockey. If working with children Under 12 and delivering In2Hockey during or after school, an In2Hockey leader is advised to work towards the 'Proud to Coach Children' Award.

For more information on England Hockey Board coaching qualifications, click [here](#).

Additional recommended training

The England Hockey Board recommends its own following **additional training**:

- Core Skills/Foundation Skills workshop
- Introduction to 11-a-side Hockey
- Level 1 Umpire Award.

The England Hockey Board also recommend the following sports coach UK workshops:

- A Guide to Mentoring Sports Coaches
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching

Other industry recommended **additional training** coaches should look to consider include:
sports coach UK workshops:

- How to Coach Disabled People in Sport
- Positive Behaviour Management in Sport
- Safeguarding and Protecting Children.

afPE courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)



Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).

Coaching Hockey at a Sports Club (Lead Coach)

Minimum qualification required:

The England Hockey Board states the **minimum qualification** to deliver in this environment is the UKCC Level 2 in Coaching Hockey. If working with children Under 12 the 'Proud to Coach Children' Award

Important information:

- The recommended minimum supervision coach/children ratios are as follows:
 - For children under the age of 8: 1:8
 - For children over the age of 8: 1:12

If a minimum of two adults are present, the second adult need not be a qualified coach.

For further guidance, click [here](#).

For more information on England Hockey Board coaching qualifications, click [here](#).

Additional recommended training

The England Hockey Board recommends its own following **additional training**:

If coaching 5–12 year olds:

- Core Skills/Foundation Skills workshop
- Zone Hockey (if appropriate)
- Foundation Umpire Award.

If coaching 12–16 year olds:

- Core Skills/Foundation Skills workshop
- Introduction to 11-a-side Hockey
- Level 1 Umpire Award.

Additional recommended training

The England Hockey Board also recommend the following sports coach UK workshops:

- A Guide to Mentoring Sports Coaches
- Equity in Your Coaching
- An Introduction to FUNdamentals of Movement (if coaching 5–12 year olds)

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- Coaching the Young Developing Performer (for Level 3 coaches)
- How to Coach Disabled People in Sport
- Positive Behaviour Management in Sport
- Safeguarding and Protecting Children.



Coaching Hockey as Part of a Community/LA Scheme

(Lead Coach)

Minimum qualification required:

The England Hockey Board states the **minimum qualification** to deliver in this environment is the UKCC Level 2 in Coaching Hockey. If working with children Under 12 the 'Proud to Coach Children' Award.

For more information on England Hockey Board coaching qualifications click [here](#).

Additional recommended training

The England Hockey Board recommends its own following **additional training**:

If coaching 5–12 year olds:

- Core Skills/Foundation Skills workshop
- Zone Hockey (if appropriate)
- Foundation Umpire Award.

If coaching 12–16 year olds:

- Core Skills/Foundation Skills workshop
- Introduction to 11-a-side Hockey
- Level 1 Umpire Award.

Additional recommended training

The England Hockey Board also recommend the following sports coach UK workshops:

- A Guide to Mentoring Sports Coaches
- Equity in Your Coaching
- An Introduction to FUNdamentals of Movement (if coaching 5–12 year olds)

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- Coaching the Young Developing Performer (for Level 3 coaches)
- How to Coach Disabled People in Sport
- Positive Behaviour Management in Sport
- Safeguarding and Protecting Children.

Where Do You Coach Children?

Primary school

Sports club



Secondary school

Community/
local authority
(LA) scheme

Coaching Lacrosse in Primary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

English Lacrosse states the **minimum qualification** to deliver in this environment is working towards* completion of the 1st4sport Level 2 Certificate in Coaching Lacrosse.

Important information:

- The recommended coach:participant ratio for the school curriculum 2013–2017 is 1:24.

For more information on English Lacrosse coaching qualifications, click [here](#).

* has attended qualification and is awaiting assessment/completion.

Additional recommended training

English Lacrosse recommends its own following **additional training** and resources:

- Introduction to Practical Lacrosse
- Lacrosse Activity Cards.

English Lacrosse also encourages coaches to complete **additional training** offered by external partners in the industry. Recommended **additional training** coaches should look to consider includes:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Safeguarding and Protecting Children.

Youth Sport Trust (YST) courses:

- Coaching in Schools module
- School Games, Primary Levels 1 and 2 resource cards.

Other industry recommended **additional training** coaches should look to consider include:

Association for Physical Education (afPE) courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)

Coaching Lacrosse in Secondary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

English Lacrosse states the **minimum qualification** to deliver in this environment is working towards* completion of the 1st4sport Level 2 Certificate in Coaching Lacrosse.

*has attended qualification and is awaiting assessment/completion.

Important information:

- The recommended coach:participant ratio for the school curriculum 2013–2017 is 1:24.

For more information on English Lacrosse coaching qualifications, click [here](#).

Additional recommended training

English Lacrosse recommends its own following **additional training** and resources:

- Introduction to Practical Lacrosse
- Lacrosse Activity Cards.

English Lacrosse also encourages coaches to complete **additional training** offered by external partners in the industry. Recommended **additional training** coaches should look to consider includes:

sports coach UK workshops:

- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Positive Behaviour Management in Sport
- Safeguarding and Protecting Children.

Youth Sport Trust (YST) courses:

- Coaching in Schools module
- School Games, Primary Levels 1 and 2 resource cards.

Other industry recommended **additional training** coaches should look to consider include:

afPE courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)

Coaching Lacrosse at a Sports Club

(Lead Coach)

Minimum qualification required:

English Lacrosse states the **minimum qualification** to deliver in this environment is working towards* completion of the 1st4sport Level 2 Certificate in Coaching Lacrosse.

*has attended qualification and is awaiting assessment/completion.

Important information:

- The recommended coach:participant ratio for clubs in 2013–2017 is 1:9.

For more information on English Lacrosse coaching qualifications, click [here](#).

Additional recommended training

English Lacrosse recommends its own following **additional training**:

- Master Class Coaching Workshops
- National Conference.

English Lacrosse also encourages coaches to complete **additional training** offered by external partners in the industry. Recommended **additional training** coaches should look to consider includes:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Safeguarding and Protecting Children.

Coaching Lacrosse as Part of a Community/LA Scheme

(Lead Coach)

Minimum qualification required:

English Lacrosse states the **minimum qualification** to deliver in this environment is working towards* completion of the 1st4sport Level 2 Certificate in Coaching Lacrosse.

* has attended qualification and is awaiting assessment/completion.

Important information:

- The recommended coach:participant ratio for camps in 2013–2017 is 1:10.

For more information on English Lacrosse coaching qualifications, click [here](#).

Additional recommended training

English Lacrosse recommends its own following **additional training** and resources:

- Introduction to Practical Lacrosse
- Lacrosse Activity Cards
- Master Class Coaching Workshops
- National Conference.

English Lacrosse also encourages coaches to complete **additional training** offered by external partners in the industry. Recommended **additional training** coaches should look to consider includes:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Safeguarding and Protecting Children.

Where Do You Coach Children?

Primary school

Sports club



Secondary school

Community/
local authority
(LA) scheme

Coaching Netball in Primary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

England Netball states the **minimum qualification** to deliver in this environment is the UK Coaching Certificate (UKCC) Level 2 Certificate in Coaching Netball or governing body of sport Level 2.

Important information:

- England Netball recommend attendance at a 'High 5' workshop.

For more information on England Netball coaching qualifications visit, click [here](#).

Additional recommended training

England Netball also encourages coaches to complete **additional training** offered by external partners in the industry. Recommended **additional training** coaches should look to consider includes:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Safeguarding and Protecting Children.

Association for Physical Education (afPE) courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)



Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).



Coaching Netball in Secondary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

England Netball states the **minimum qualification** to deliver in this environment is the UK Coaching Certificate (UKCC) Level 2 Certificate in Coaching Netball or governing body of sport Level 2.

Important information:

- England Netball recommend attendance at an England Netball 'Practical Coaching' workshop.

For more information on England Netball coaching qualifications click [here](#).

Additional recommended training

England Netball also encourages coaches to complete **additional training** offered by external partners in the industry. Recommended **additional training** coaches should look to consider includes:

sports coach UK workshops:

- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Positive Behaviour Management in Sport
- Safeguarding and Protecting Children.

afPE courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)



Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).



Coaching Netball at a Sports Club

(Lead Coach)

Minimum qualification required:

England Netball states the **minimum qualification** to deliver in this environment is the UKCC Level 2 Certificate in Coaching Netball or governing body of sport Level 2.

Important information:

- England Netball recommend attendance at a 'High 5' workshop (if the club contains an under-11s section).
- England Netball recommend attendance at an England Netball 'Practical Coaching' workshop.

For more information on England Netball coaching qualifications, click [here](#).

Additional recommended training

England Netball also encourages coaches to complete **additional training** offered by external partners in the industry. Recommended **additional training** coaches should look to consider includes:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Coaching the Young Developing Performer (for Level 3 coaches)
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Positive Behaviour Management in Sport
- Safeguarding and Protecting Children.

Coaching Netball as Part of a Community/LA Scheme (Lead Coach)

Minimum qualification required:

England Netball states the **minimum qualification** to deliver in this environment is the UKCC Level 2 Certificate in Coaching Netball or governing body of sport Level 2.

For more information on England Netball coaching qualifications, click [here](#).

Additional recommended training

England Netball also encourages coaches to complete **additional training** offered by external partners in the industry. Recommended **additional training** coaches should look to consider includes:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Safeguarding and Protecting Children.

Where Do You Coach Children?

Primary school

Sports club



Secondary school

Community/
local authority
(LA) scheme

Coaching Table Tennis in Primary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

The English Table Tennis Association (ETTA) states the **minimum qualification** to deliver in this environment is the UK Coaching Certificate (UKCC) Level 2 Certificate in Coaching Table Tennis.

Important information:

- ETТА recommends that only licensed coaches be considered for employment within table tennis.

For more information on ETТА coaching qualifications, click [here](#).

Additional recommended training

The ETTA also recommends the following **additional training**.

sports coach UK workshop:

- Safeguarding and Protecting Children.

St John's Ambulance:

- Essential First Aid for All Ages.

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshop:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching
- How to Coach Disabled People in Sport

Association for Physical Education (afPE) courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)



Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).



Coaching Table Tennis in Secondary Schools

(supporting teachers with curriculum delivery)

ETTA states the minimum qualification to deliver in this environment is the UKCC Level 2 Certificate in Coaching Table Tennis.

Important information:

- ETTA recommends that only licensed coaches be considered for employment within table tennis.

For more information on ETTA coaching qualifications, click [here](#).

Additional recommended training

The ETTA also recommends the following **additional training**.

sports coach UK workshop:

- Safeguarding and Protecting Children.

St John's Ambulance:

- Essential First Aid for All Ages.

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshop:

- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Positive Behaviour Management in Sport

afPE courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)



Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).



Coaching Table Tennis at a Sports Club

(Lead Coach)

Minimum qualification required:

ETTA states the **minimum qualification** to deliver in this environment is the UKCC Level 2 Certificate in Coaching Table Tennis or governing body of sport Level 2.

Important information:

- Should hold ETТА coach licence.
- The ETТА Coach Licence Scheme is mandatory for all coaches operating within ETТА-affiliated clubs, leagues and competitions.

For more information on ETТА coaching qualifications, click [here](#).

Additional recommended training

The ETTA also recommends the following **additional training**.

sports coach UK workshop:

- Safeguarding and Protecting Children.

St John's Ambulance:

- Essential First Aid for All Ages.

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Coaching the Young Developing Performer (for Level 3 coaches)
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Positive Behaviour Management in Sport.

Coaching Table Tennis as Part of a Community/LA Scheme

(Lead Coach)

Minimum qualification required:

ETTA states the **minimum qualification** to deliver in this environment is the UKCC Level 2 Certificate in Coaching Table Tennis or governing body of sport Level 2.

Important information:

- ETTA recommends that only licensed coaches be considered for employment within table tennis.

For more information on ETTA coaching qualifications, click [here](#).

Additional recommended training

The ETTA also recommends the following **additional training**.

sports coach UK workshop:

- Safeguarding and Protecting Children.

St John's Ambulance:

- Essential First Aid for All Ages.

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching
- How to Coach Disabled People in Sport

Where Do You Coach Children?

Primary school

Sports club



Secondary school

Community/
local authority
(LA) scheme

Coaching Tennis in Primary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

The Lawn Tennis Association (LTA) states the **minimum qualification** to deliver in this environment is the UK Coaching Certificate (UKCC) 1st4sport Level 2 Certificate in Coaching Tennis.

Important information:

- Coach needs to be working under the umbrella programme of a licensed coach qualified to at least Level 3.

For more information on LTA coaching qualifications, click [here](#).

Additional recommended training

The LTA recommends its own following **additional training**:

- Tennis Foundation Working in Primary Schools
- LTA Safety and Well-being in Tennis
- Equality, Diversity and Inclusion in Tennis.

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport.

Association for Physical Education (afPE) courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)



Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).



Coaching Tennis in Secondary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

The LTA states the **minimum qualification** to deliver in this environment is the UKCC 1st4sport Level 2 Certificate in Coaching Tennis (QCF).

Important information:

- Coach needs to be working under the umbrella programme of a licensed coach qualified to at least Level 3.

For more information on LTA coaching qualifications, click [here](#).

Additional recommended training

The LTA recommends its own following **additional training**:

- Tennis Foundation Working in Secondary Schools
- LTA Safety and Well-being in Tennis
- Equality, Diversity and Inclusion in Tennis.

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- Positive Behaviour Management in Sport.

afPE courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)



Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).



Coaching Tennis at a Sports Club

(Lead Coach)

Minimum qualification required:

The LTA states the **minimum qualification** to deliver in this environment is the UKCC 1st4sport Level 3 Certificate in Coaching Tennis.

Important information:

- Must hold a current LTA Coach [Licence](#).

For more information on LTA coaching qualifications, click [here](#).

Additional recommended training

The LTA recommends its own following **additional training**:

- LTA Safety and Well-being in Tennis
- Equality, Diversity and Inclusion in Tennis.

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Coaching the Young Developing Performer (for Level 3 Coaches)
- Positive Behaviour Management in Sport.

Coaching Tennis as Part of a Community/LA Scheme

(Lead Coach)

Minimum qualification required:

The LTA states the **minimum qualification** to deliver in this environment is the UKCC 1st4sport Level 2 Certificate in Coaching Tennis.

Important information:

- Coach needs to be working under the umbrella programme of a licensed coach qualified to at least Level 3.

For more information on LTA coaching qualifications, click [here](#).

Additional recommended training

The LTA recommends its own following **additional training**:

- LTA Safety and Well-being in Tennis
- Equality, Diversity and Inclusion in Tennis.

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport.

Multi-skills

The 1st4sport Level 2 Award in Multi-skills Development in Sport (QCF) is awarded by 1st4sport Qualifications and has been developed in partnership with sports coach UK and other experts within the sector to provide learners aged 17 and over with an introduction to the processes and principles of supporting child development through Multi-skills.

Please note: A UK Coaching Certificate (UKCC) Level 2 qualification, or equivalent (or working

towards), is a prerequisite for those wishing to undertake the 1st4sport Level 2 Award in Multi-skills Development in Sport (QCF).

Some sports may accept the 1st4sport Level 2 Award in Multi-skills Development in Sport (QCF) as an alternative to its governing body of sport minimum appropriate qualification in the 5–12 club or primary school environment. Please check with the appropriate governing body of sport.

Where Do You Coach Children?

Primary school

Sports club



Secondary school

Community/
local authority
(LA) scheme

Coaching Rugby League in Primary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

The Rugby Football League (RFL) states the **minimum qualification** to deliver in this environment is UK Coaching Certificate (UKCC) Level 2 in Rugby League (with recommendations to attend Becoming CAYPABLE level 1 or CPD).

For more information on RFL coaching qualifications, click [here](#).

For more information on Becoming CAYPABLE level 1 or CPD email coaching@rfl.uk.com

Additional recommended training

The RFL recommends its own following **additional training**:

- Developing the Young Player CPD.

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Safeguarding and Protecting Children.

Association for Physical Education (afPE) courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)



Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).



Coaching Rugby League in Secondary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

The RFL states the minimum qualification to deliver in this environment is the UKCC Level 2 in Rugby League.

For more information on RFL coaching qualifications, click [here](#).

Additional recommended training

The RFL recommends its own following **additional training**:

- Two appropriate Rugby League CPD courses (ie Planning or Game Sense)
- RFL Movement Skills module
- RFL Mental Skills module
- 'Becoming CAYPABLE' CPD.

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Positive Behaviour Management in Sport
- Safeguarding and Protecting Children.

afPE courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)



Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).

Coaching Rugby League at a Sports Club

(Lead Coach)

Minimum qualification required:

The RFL states the **minimum qualification** to deliver in this environment, if coaching 5–12 year olds, is the UKCC Level 2 in Rugby League (with a recommendation to attend a Becoming CAYPABLE level 1 or CPD) or, if coaching 12–16 year olds, the UKCC Level 2.

Important information:

- The recommended coach:participant ratio is 1:10.

For more information on RFL coaching qualifications, click [here](#).

For more information on Becoming CAYPABLE level 1 or CPD email coaching@rfl.uk.com

Additional recommended training

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Coaching the Young Developing Performer (for Level 3 coaches)
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Positive Behaviour Management in Sport
- Safeguarding and Protecting Children.

Coaching Rugby League as Part of a Community/LA Scheme

(Lead Coach)

Minimum qualification required:

The RFL states the **minimum qualification** to deliver in this environment, if coaching 5–12 year olds, is the UKCC Level 2 in Rugby League (with a recommendation to attend a Becoming CAYPABLE level 1 or CPD) or, if coaching 12–16 year olds, the UKCC Level 2.

Important information:

- The recommended coach:participant ratio is 1:10.

For more information on RFL coaching qualifications, click [here](#).

For more information on Becoming CAYPABLE level 1 or CPD email coaching@rfl.uk.com

Additional recommended training

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Safeguarding and Protecting Children.

Where Do You Coach Children?

Primary school

Sports club



Secondary school

Community/
local authority
(LA) scheme

Coaching Swimming in Primary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

The Amateur Swimming Association (ASA) states the **minimum qualification** to deliver in this environment is the ASA Level 2 Certificate in Teaching Aquatics (QCF) for external teachers, or the National Curriculum Training Programme (NCTP) for qualified schoolteachers.

Important Information:

Recommended [ratios](#).

For more information on ASA coaching qualifications, click [here](#).

Additional recommended training

ASA recommends its own following **additional training**:

- Related Level 2 ASA continuous professional development (CPD) modules.

For the full CPD directory, click [here](#).

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Safeguarding and Protecting Children.

Association for Physical Education (afPE) courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)



Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).



Coaching Swimming in Secondary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

ASA states the **minimum qualification** to deliver in this environment is the ASA Level 2 Certificate in Teaching Aquatics (QCF).

Important Information:

Recommended [ratios](#).

For more information on ASA coaching qualifications, click [here](#).

Additional recommended training

ASA recommends its own following **additional training**:

- Related Level 2 ASA CPD modules.

For the full CPD directory, click [here](#).

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Positive Behaviour Management in Sport
- Safeguarding and Protecting Children.

afPE courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)



Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).



Coaching Swimming at a Sports Club

(Lead Coach)

Minimum qualification required:

ASA states the minimum qualification to deliver in this environment is the ASA Level 2 Certificate in Coaching Swimming (QCF) or the following Level 2 discipline-specific qualifications:

- ASA Level 2 Certificate in Coaching Water Polo (QCF)
- ASA Level 2 Certificate in Coaching Diving (QCF)
- ASA Level 2 Certificate in Coaching Synchronised Swimming (QCF).

Important Information:

Recommended [ratios](#).

For more information on ASA coaching qualifications, click [here](#).

Additional recommended training

ASA recommends the following **additional training**:

- Related Level 2 ASA CPD modules.

For the full CPD directory, click [here](#).

- sports coach UK Safeguarding and Protecting Children workshop.

ASA also recommends a Level 3 qualification in the relevant discipline for those aspiring to become senior coaches:

- ASA Level 3 Certificate in Coaching Swimming (QCF)
- ASA/UK Coaching Certificate (UKCC) Level 3 Certificate for Coaching (Diving)
- ASA/UKCC Level 3 Certificate for Coaching (Synchronised Swimming)
- ASA/UKCC Level 3 Certificate for Coaching (Water Polo).

Additional recommended training

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Coaching the Young Developing Performer (for Level 3 coaches)
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Positive Behaviour Management in Sport
- Safeguarding and Protecting Children.

Coaching Swimming as Part of a Community/LA Scheme

(Lead Coach)

Minimum qualification required:

ASA states the minimum qualification to deliver in this environment is the ASA Level 2 Certificate in Coaching Swimming (QCF) or the following Level 2 discipline-specific qualifications:

- ASA Level 2 Certificate in Coaching Water Polo (QCF)
- ASA Level 2 Certificate in Coaching Diving (QCF)
- ASA Level 2 Certificate in Coaching Synchronised Swimming (QCF)
- ASA Level 2 Certificate in Teaching Aquatics (QCF).

Important Information:

Recommended [ratios](#).

Important information:

- The recommended coach:participant ratios for swimming activity are as follows:
 - Adult and child classes: 1:12
 - Non-swimmers and beginners: 1:12
 - Improving swimmers: 1:20
 - Mixed-ability groups: 1:20
 - Competent swimmers: 1:20
 - Competitive swimmers: 1:30
 - Synchronised swimming: 1:20
 - Water polo: 1:20
 - Aerobics in deep water: 1:20
 - Aerobics in shallow water: 1:30
 - Diving – beginners and improver divers: 1:12
 - Diving – competitive divers: 1:15
 - Swimmers with disabilities: 1:8.

For more information on ASA coaching qualifications, click [here](#).

Additional recommended training

ASA recommends the following **additional training**:

- Related Level 2 ASA CPD modules.

For the full CPD directory, click [here](#).

- sports coach UK Safeguarding and Protecting Children workshop.

ASA also recommends a Level 3 qualification in the relevant discipline for those aspiring to become senior coaches:

- ASA Level 3 Certificate in Coaching Swimming (QCF)
- ASA/UKCC Level 3 Certificate for Coaching (Diving)
- ASA/UKCC Level 3 Certificate for Coaching (Synchronised Swimming)
- ASA/UKCC Level 3 Certificate for Coaching (Water Polo).

Additional recommended training

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching
- How to Coach Disabled People in Sport

Trampolining

The national governing body for trampolining is British Gymnastics.

To view detailed information on the requirements for coaching trampolining, please see the British Gymnastics pages.

Where Do You Coach Children?

Primary school

Sports club



Secondary school

Community/
local authority
(LA) scheme

Coaching Volleyball in Primary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

Volleyball England states the **minimum qualification** to deliver in this environment is the UK Coaching Certificate (UKCC) Level 2 or governing body of sport Level 2 (or Level 1 may be deemed acceptable only when directly supporting a teacher in delivery)

For more information on Volleyball England coaching qualifications, click [here](#).

Additional recommended training

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Safeguarding and Protecting Children.

Association for Physical Education (afPE) courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)

Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).

Coaching Volleyball in Secondary Schools

(supporting teachers with curriculum delivery)

Minimum qualification required:

Volleyball England states the **minimum qualification** to deliver in this environment is the UK Coaching Certificate (UKCC) Level 2 or governing body of sport Level 2 (or Level 1 may be deemed acceptable only when directly supporting a teacher in delivery)

For more information on Volleyball England coaching qualifications, click [here](#).

Additional recommended training

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Positive Behaviour Management in Sport
- Safeguarding and Protecting Children.

afPE courses:

- 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Certificate in Supporting Teaching and Learning in Physical Education and School Sport (QCF)
- 1st4sport Level 3 Diploma in Supporting Teaching and Learning in Physical Education and School Sport (QCF)

For more information about the 1st4sport Qualifications outlined above please visit their [website](#)

Youth Sport Trust (YST) courses:

Information coming soon

To visit the Youth Sport Trust website, please click [here](#).

Coaching Volleyball at a Sports Club

(Lead Coach)

Minimum qualification required:

Volleyball England states the **minimum qualification** to deliver in this environment is the UKCC Level 2 or governing body of sport Level 2.

Important information:

- There should be a maximum coach:participant ratio of 1:16.

For more information on Volleyball England coaching qualifications, click [here](#).

Additional recommended training

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Coaching the Young Developing Performer (for Level 3 coaches)
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Positive Behaviour Management in Sport
- Safeguarding and Protecting Children.

Coaching Volleyball as Part of a Community/LA Scheme

(Lead Coach)

Minimum qualification required:

Volleyball England states the **minimum qualification** to deliver in this environment is the UKCC Level 2 or governing body of sport Level 2.

Important information:

- There should be a maximum coach:participant ratio of 1:16.

For more information on Volleyball England coaching qualifications, click [here](#).

Additional recommended training

Other industry recommended **additional training** coaches should look to consider include:

sports coach UK workshops:

- An Introduction to FUNdamentals of Movement
- Coaching the Whole Child: Positive Development Through Sport
- Equity in Your Coaching
- How to Coach Disabled People in Sport
- Safeguarding and Protecting Children.

